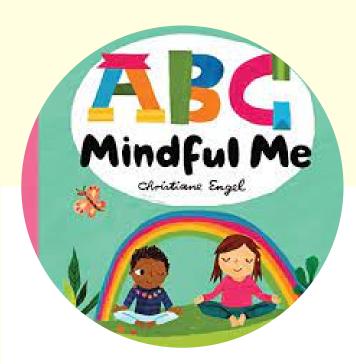
# BOOKS TO TEACH

### CHILDREN ABOUT KINDNESS



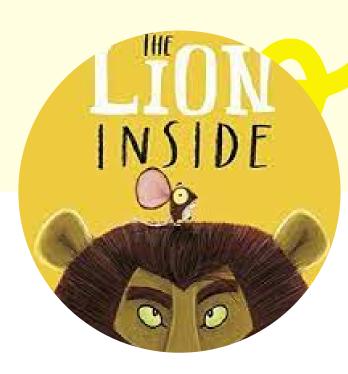
#### ABC MINDFUL ME

written by Christine
Engel.
Pairing simplified
mindfulness principles
with each letter of the
alphabet.



## KINDNESS MAKES US STRONG

written by Sophie Beer.
This joyful book shows
various children
spreading kindness in
all different situations.



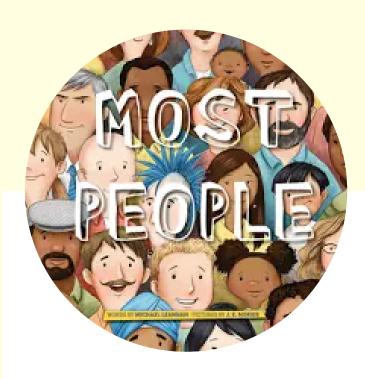
### THE LION INSIDE writen by Rachel

Bright.
A rhyming story about one little mouse, who discovers that even the smallest of us have the heart of a lion.



#### BE KIND

written by Pat Zietlow
Miller.
A sweet but powerful
picture book
illustrating the power
of small acts of
kindness.



#### MOST PEOPLE

written by Michael
Leannah.
A reassuring picture
book, showing children
there is kindness
everywhere, even when
things look scary.



### KINDNESS IS MY SUPERPOWER

written by Alicia Ortego.
A charming story about
a boy who learns its
better to be kind than a
bully.

